

As we approach the Christmas Season of JOY, please spare a thought and whisper a tiny prayer for a special lady who has lost her job and, is trying hard to bring her children some form of PEACE.

CHRISTIAN COMMUNITY AID CHRISTMAS APPEAL

Please participate in our Community Appeal

***Cash**

***Christmas Food**

- * jams
- * cakes
- * puddings
- * chocolates
- * cordial
- * dried fruit and nuts
- * tinned fruit
- * tinned fish



***Gift vouchers**

- * book stores
- * music stores
- * department stores
- * movie passes
- * swimming centres
- * beautician
- * hairdressers



All donations will be warmly received and can be left at our Eastwood Office

I enclose a donation of \$ _____ for Christian Community Aid.

Name: (Mr/Mrs/Miss/Ms/Dr):

Address:

12 Lakeside Road EASTWOOD NSW 2122 Phone: 9858 3222
2 Dickson Avenue WEST RYDE NSW 2114 Phone: 9858 1377
Email: administration @ccas.org.au
Website: www.ccas.org.au

Donations of \$2.00 or more are tax deductible. Official receipts will be posted.



What is Christmas? It is tenderness for the past, courage for the present, hope for the future. It is a fervent wish that every cup may overflow with blessings rich and eternal, and that every path may lead to peace.

Reflecting on 2009

Christian Community Aid celebrated Carers Week with a visit to Darling Harbour. Taking advantage of perfect weather, Carers enjoyed wandering around the promenade, taking in all the sights and the various activities. The relaxing walk was followed by a short bus trip to the Fish Market for a Yum Cha lunch where they had a cup of tea and some lovely dumplings, noodles and Chinese dishes. They also spent some time after lunch to go shopping at the Fish Market and the variety of seafood displayed opened up their eyes. Some bought seafood home for dinner that night to continue the celebration. It was a wonderful event and Christian Community Aid would like to thank Carers NSW for their support with this event.

Carmen - CALD Welfare Worker



2009 proved to be a most successful year for our Chinese Social Support program. We have been most fortunate to have the caring support of volunteers to help improve the quality of life for our socially isolated clients. On a regular basis volunteers visit the elderly in their own homes with the simple concept of offering friendship. This friendship works for both client and volunteer with many continuing the relationship for a number of years.

Fiona - Community Worker

Please support our 2009 Christmas Appeal. Your caring donations will bring so much joy to families who have little to celebrate.

2009 was a year that showed an increase of approximately 15-20 client appointments per month, which no doubt reflects the increase in tension and stress of the general community after the onset of the global economic crisis.

For those people who recently found themselves unemployed they were struggling to pay their normal weekly rent. Now, with most rents having gone up and the pension and benefits having stayed the same they are turning to Christian Community Aid for assistance with their rent arrears, food and help with finding affordable private rentals.

The 20% hike in electricity costs were felt significantly across the board during the winter season and large numbers of people were shocked to find they could not manage their electricity bills. This was particularly felt by the elderly who needed their heaters on more than most because of their age and health conditions. Generally it has been a very tough year for all Emergency Relief clients who have very little, if anything to fall back on when a crisis or emergency occurs.

Julie - Social Welfare

Special Edition 2010 Calendars are now available at our Eastwood Office. By purchasing a Calendar, you will be assisting Christian Community Aid in continuing to support our local community. Your help is very much appreciated.

So far in 2009 we have had 18 Monday bus outings. These 18 trips have seen 393 clients travel 3,492 kms to a variety of destinations. Our wonderful volunteer drivers and helpers have spent a total of 504 hours making sure our clients get the most of their day out. Those statistics are quite staggering but the really remarkable thing about these outings is their value to our clients. For our clients the companionship of friends and the enjoyment of a day out means far more than any dry statistics.



Destinations have ranged all over Sydney. We have gone south to Cronulla,

north to Mooney Mooney and west to St Mary's. There are regulars who never miss an outing as well as new clients who have joined the group this year. Our wonderful volunteers go above and beyond the call of duty in looking after the clients. Friendships have been formed and many lighthearted moments shared.

Amanda - Community Worker



Chinese painting, drawing and calligraphy are all proving to be very popular activities at our Chinese Leisure Learning Centre. In addition to entering Photography and Chinese Painting Competitions, students proudly displayed a great variety of their works recently at an Art Exhibition, which was held at Chatswood.

Ying - Chinese Education Coordinator

A volunteer Medical Transport driver is sought for a one way trip each Monday and either Wednesday or Friday. The pick-up time is 1.30pm from Epping and the destination is the Royal North Shore Hospital. Please phone 9858 3222 for further details.



The request for Medical Transport service has steadily grown over the past twelve months. Clients have required transport to get to a whole range of medical appointments, as well as visiting loved ones in nearby nursing homes. Those that utilise the service are most appreciative and continually praise the volunteer drivers for their kindness and assistance.

The service is only made possible by personal time and continued commitment given so willingly by our volunteers. We would happily welcome additional volunteer drivers to provide a service receptive to the needs of our aged clients.

Brana - Office Secretary